

skin microbiome

/ skɪn / mlaɪkrə(ʊ)'bliəʊm

Noun

An ecosystem composed of approx. 1.8 m² of diverse habitats with an abundance of specialised niches that supports a wide range of microorganisms

YOUR microbiome provides vital functions that the human genome has not evolved

We all depend on a vast army of microbes to stay alive; including a skin microbiome that helps protect us against pathogens

Nat Rev Microbiol. 2011 Apr; 9(4): 244-253: The skin microbiome
Elizabeth A. Grice and Julia A. Segre

Damaged skin impacts our ability to work effectively¹ & caring for our own skin microbiome can help make a positive difference to our ability to care for others

¹Heart Lung. 1997 Sep-Oct;26(5):404-12: Prevalence and correlates of skin damage on the hands of nurses.

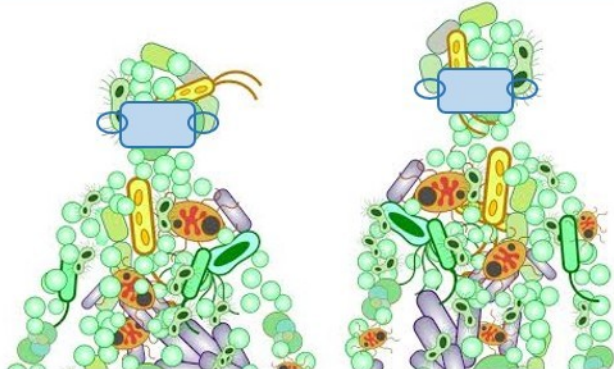
Larson E, Friedman C, Cohran J, Treston-Aurand J, Green S

#SKIN&HAIRCare #SKINProtect #NATURE'sBarrier

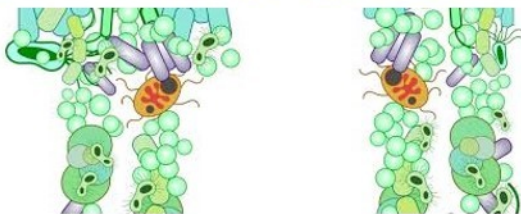
#MYSkinFix #HELPYourBarrierWorkForYOU



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#CLEANYourSkin #PROTECTYourSkin



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Skin & Hair Wash**

*Contains Surfactant

*Contains Bacillus subtilis

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For Doctors, Nurses, Allied Health Workers & Care Home Staff

PLoS Biol. 2016 Aug; 14(8): Revised Estimates for the Number of Human and Bacteria Cells in the Body
Ron Sender, Shai Fuchs and Ron Milo



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